

NewLife Behavior

Curriculum Overviews

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COURSE I – A SENSE OF SELF: A study of who I am, where I came from, and where I am going. Why I think, feel, speak, and act as I do? How these matters affect my ability to make permanent and positive changes.

Unit 1 – Who Am I?

Lesson 1 – Who Am I?

Lesson 2 – *I Am of Great Value!*

Lesson 3 – A New Question-A New Life

Unit 2 – Understanding Our Behavior

Lesson 1 – *Why Did I Do That?*

Lesson 2 – Psychological and Social Factors

Lesson 3 – Parental and Family Influences

Lesson 4 – Human Needs and Values

Unit 3 – Understanding Our Feelings

Lesson 1 – Why Do I Feel This Way?

Lesson 2 – Understanding Anger

Lesson 3 – Handling Anger

Unit 4 – Understanding How We Think

Lesson 1 – As a Person Thinks

Lesson 2 – I Think I Can, Therefore I Can

Lesson 3 – Our Inner Struggle-the Conscience

COURSE II – A SENSE OF FAMILY: A study of the entire family, roles, and influences on each other. The dynamics involved in effective communication, leadership, and conflict resolution within the family.

Unit 5 – The Christian Man

Lesson 1 – Man-God's Image

Lesson 2 – Man-The Balancing Act

Lesson 3 – Man-Family Leader

Unit 6 – Lift Up the Family

Lesson 1 – Is It All in the Family?

Lesson 2 – The Healthy Family

Lesson 3 – The Dysfunctional Family

Unit 7 – Family Talk

Lesson 1 – How's the Family Communicating?

Lesson 2 – Listen So They'll Talk & Talk So They'll Listen

Lesson 3 – Talk So They Will Correct Behavior

Lesson 4 – Conflict Prevention and Resolution

Unit 8 - Relationships

Lesson 1 – The Basic Relationships

Lesson 2 – Understanding Self and Others

Lesson 3 – The Flexible Style

COURSE III – PARENTING MATTERS: A study of maximizing parenting roles in absentia. Making positive use of stress, modeling, and corrective discipline to produce children who win – now and later.

Unit 9 – Listen Up, Parents!

Lesson 1 – Four Types of Parents

Lesson 2 – Missing Parents

Lesson 3 – Spiritual Leadership in the Family

Unit 10 – That's All I Need!

Lesson 1 – Stress Is a Part of Living

Lesson 2 – The Effects of Stress

Lesson 3 – Effective Stress Management

Unit 11 – Train Up a Child...

Lesson 1 – Train Up a Winner

Lesson 2 – Modeling Winning Behavior

Lesson 3 – Reinforcing Winning Behavior

Lesson 4 – Building a Hedge of Protection

Unit 12 – Correcting Losing Behavior

Lesson 1 – Why Do We Misbehave?

Lesson 2 – Positive Ways to Correct Losing Behavior

Lesson 3 – Correcting Misbehavior by Punishment

COURSE IV – TRUE FREEDOM: A study of the individual freedoms we enjoy and decisions – big and small. Learning the power of love, right thinking, and spiritual growth leading to the most abundant way to live.

Unit 13 – Freedom in Christ

Lesson 1 – Free to Decide

Lesson 2 – Those Who Decide

Lesson 3 – Traits of those Who Decide for Christ

Unit 14 – "But the Greatest of these..."

Lesson 1 – Defining Love

Lesson 2 – Love, the Great Commandment

Lesson 3 – Do All Things through Love

Unit 15 – The Mind of Christ

Lesson 1 – "Let this Mind..."

Lesson 2 – A Mind of Obedience

Lesson 3 – A Mind of Forgiveness

Lesson 4 – A Mind of Purity

Unit 16 – The Complete Person

Lesson 1 – Spiritual Maturity

Lesson 2 – Emotional Health

Lesson 3 – The Abundant Life

COURSE V – CHRISTIAN MARRIAGE SKILLS: A study of what *Christian* marriage means, the husband-wife roles, spirituality, closeness, finances, life-long commitment, and Christian sexuality.

Unit 17 – The Christian Marriage

Lesson 1 – Christian Marriage Defined

Lesson 2 – Love in the Christian Marriage

Lesson 3 – Delightful Differences in Marriage

Unit 18 – Marital Closeness

Lesson 1 – Communication in Christian Marriage

Lesson 2 – Handling Conflict in Christian Marriage

Lesson 3 – Developing Marital Intimacy

Unit 19 – Marital Responsibilities and Needs

Lesson 1 – Marital Financial Foundations

Lesson 2 – The Christian Couple: His Role-Her Needs

Lesson 3 – The Christian Couple: Her Role-His Needs

Unit 20 – Marital Staying Power

Lesson 1 – Commitment and the Christian Marriage

Lesson 2 – Learning to "Hang in There"

Lesson 3 – Keeping Your Marriage Christian

Lesson 4 – Christian Sexuality

COURSE VI – THE CHRISTIAN WOMAN: A study of God’s plan for the woman of God, the Christian wife, and the Christian mother. Becoming knowledgeable of the reconciliation process and staying reconciled.

Unit 21 – A Woman of God

- Lesson 1 – Woman – God’s Design
- Lesson 2 – Woman – The Balancing Act
- Lesson 3 – Woman – Strengths and Weaknesses

Unit 22 – The Christian Wife

- Lesson 1 – The Christian Wife-God’s Design
- Lesson 2 – The Christian Wife and Submission
- Lesson 3 – The Christian Wife and Domestic Violence

Unit 23 – The Christian Mother

- Lesson 1 – The Christian Mother-God’s Design
- Lesson 2 – The Christian Mother-Mothers of Personality
- Lesson 3 – Child Abuse

Unit 24 – Reconciliation

- Lesson 1 – Reconciliation: Defined
- Lesson 2 – Benefits and Consequences
- Lesson 3 – The Reconciling Process
- Lesson 4 – Staying Reconciled

COURSE VII – ATTITUDES AND BEHAVIORS: A study of positive attitudes that lead to admirable behavior balanced with a study of negative attitudes that result in destructive conduct, encouraging positive change.

Unit 25 – The Big Three

- Lesson 1 – Faith
- Lesson 2 – Hope
- Lesson 3 – Love

Unit 26 – Calm, Cool & Collected

- Lesson 1 – Temperance
- Lesson 2 – Courage
- Lesson 3 – Wisdom
- Lesson 4 – Justice

Unit 27 – Heart Daggers

- Lesson 1 - Anger
- Lesson 2 - Pride
- Lesson 3 - Lust

Unit 28 – Paths to Poverty

- Lesson 1 - Greed and Envy
- Lesson 3 - Gluttony
- Lesson 4 - Sloth

COURSE VIII – CHRISTIANS AGAINST SUBSTANCE ABUSE (CASA I): A study of the Twelve Steps of A.A. related to the Bible. These *steps* “work” because they are consistent with the Word of God.

Unit 29 – Starting Off Right

- Lesson 1 – Out of Gas
- Lesson 2 – Shielded by God
- Lesson 3 – Surrender

Unit 30 – Finding Peace with God

- Lesson 1 – Inventory Time
- Lesson 2 – Good for the Soul
- Lesson 3 – Sick and Tired
- Lesson 4 – Sin Removal

Unit 31 – Making Peace with Men

- Lesson 1 – Pre-Amends Making
- Lesson 2 – Making Things Right
- Lesson 3 – Keeping On-Keeping On

Unit 32 – Going On to Perfection

- Lesson 1 – Increasing Contact
- Lesson 2 – Passing It On
- Lesson 3 – Going On to Maturity

COURSE IX – THE FamilyNet SERIES: A study of the “safety-net” of the family. An unhealthy marriage-family can *become* healthy and whether it is the *best* environment or not, it is MY marriage or MY family.

Unit 33 – Getting “Marriage” Right

- Lesson 1 – What IS a Christian Marriage?
- Lesson 2 – How Do We Communicate in a Christian Marriage?
- Lesson 3 – Handling Conflict in a Christian Marriage

Unit 34 – Laying a Solid Foundation

- Lesson 1 – Essentials in Christian Marriage
- Lesson 2 – What IS a Healthy Family?
- Lesson 3 – Talk So They’ll Correct Their Own Behavior
- Lesson 4 – The Basic Relationships

Unit 35 – Dads & Moms

- Lesson 1 – Four Types of Fathers
- Lesson 2 – Woman-God’s Design
- Lesson 3 – The Christian Wife-God’s Design

Unit 36 – Training for Success

- Lesson 1 – The Christian Mother-God’s Design
- Lesson 2 – Train Up a Winner
- Lesson 3 – Modeling Winning Behavior

COURSE X – THE Seeker BIBLE STUDY SERIES: A study of the Bible from the perspective of an explorer. An excellent method of spiritual discovery from A to Z for any serious student of God’s Word.

Unit 37 – God, Culture & Authority

- Lesson 1 – The God of the Bible-What’s He Really Like?
- Lesson 2 – The Culture in Which We Live-Why It Has Changed?
- Lesson 3 – Is There a Voice of Authority to Which We Must Submit?

Unit 38 – Jesus, Sin & the Divine Solution

- Lesson 1 – This Man...Jesus...Is He Really Who He Claimed to Be?
- Lesson 2 – The Problem that Affects All Humans-What Is It?
- Lesson 3 – There Is a Solution to Our Problem-What Is It?

Unit 39 – Amazing Grace, Fellowship, Abundant Life

- Lesson 1 – God Has Extended His Grace to Me But...What Must I Do?
- Lesson 2 – The Church Family...Why Do I Need It?
- Lesson 3 – What On This Earth Are You Expecting?

Unit 40 – Submission, Endurance & Faithfulness

- Lesson 1 – Will You Submit to the Disciplines of Jesus?
- Lesson 2 – Will You Endure Hardships for Jesus?
- Lesson 3 – Will You Faithfully Follow Jesus to the End?
- Lesson 4 – What Actually Occurs After We Die?

COURSE XI – PRISONERS OF CHRIST: A study of what a newly arrested person experiences and how it can lead to a better life. The first two units are designed for county jails; the last two are for those in prisons.

Unit 41 – Put Your Hands Up

- Lesson 1 – You Are Under Arrest!
- Lesson 2 – Charges, Attorneys & Bail
- Lesson 3 – Jailhouse Sitting
- Lesson 4 – Your Day in Court

Unit 42 – What’s Next

- Lesson 1 – Get Out of Jail
- Lesson 2 – Chain Waiting
- Lesson 3 – A Good Link

Unit 43 – Lord, Help!

- Lesson 1 – Your Modus Operandi
- Lesson 2 – Your Own Checklist
- Lesson 3 – Getting More Specific

Unit 44 – Ready, Set, Go Home for Good

- Lesson 1 – Preparation for Release
- Lesson 2 – Change: *Your New Way of Life*
- Lesson 3 – Dress Rehearsal for Jesus’ Return

COURSE XII – MANAGING MY ANGER: A study of the God-given emotion of anger, how feelings develop, and affect our speech and behavior. Implementing love as the perfect prescription for anger.

Unit 45 – The Basics...

- Lesson 1 – “What IS Anger?”
- Lesson 2 – “God Cares about Me”
- Lesson 3 – “I’m Worth a Lot”
- Lesson 4 – “Why in the World Did I Do That?”

Unit 46 – Impacts on Anger...

- Lesson 1 – “Mental & Social Factors”
- Lesson 2 – “Parents & Family Factors”
- Lesson 3 – “Human Needs & Values”

Unit 47: Inside the Heart...

- Lesson 1 – “Why Do I Feel SO Angry?”
- Lesson 2 – “Improving My Grip on Anger”
- Lesson 3 – “Keeping a Handle on Anger”

Unit 48: Replacing Anger...

- Lesson 1 – “Love: The Right Medicine”
- Lesson 2 – “The Greatest Command”
- Lesson 3 – “Do ALL with Love”

COURSE XIII – CHRISTIANS AGAINST SEXUAL ADDICTION (CASA II): A study of the 12 Steps of AA as related to the Bible in overcoming sexual addictions and obsessions.

Unit 49 – Start Your Engine

- Lesson 1 – I Give Up
- Lesson 2 – I Wake Up
- Lesson 3 – I Turn Over

Unit 50 – Being Reconciled with God

- Lesson 1 – I Check My Engine
- Lesson 2 – I Spill the Beans
- Lesson 3 – I Want to Clean House
- Lesson 4 – I Take Out the Trash

Unit 51 – Reconciling with Others

- Lesson 1 – I Make a List
- Lesson 2 – I Make Wrongs Right
- Lesson 3 – I Stay Sharp as a Tack

Unit 52 – I Stretch for the Gold

- Lesson 1 – I Refuse to Doze Off
- Lesson 2 – I Tell other Beggars
- Lesson 3 – I Grow Up

COURSE XIV – MANAGING MY DOLLAR: A study of understanding money in the basic sense. Learning to responsibly use whatever one possesses to his/her advantage and glorify God who gives all good gifts.

Unit 53 – Getting on First Base

- Lesson 1 – What IS One Dollar?
- Lesson 2 – Putting Things in Perspective
- Lesson 3 – Take Care of Yourself
- Lesson 4 – Dollar Stretching Tips

Unit 54 – The Dollar Talks

- Lesson 1 – Developing Your Budget
- Lesson 2 – Banks & Credit
- Lesson 3 – Digging Out of the Hole

Unit 55 – Maintenance Work

- Lesson 1 – Readiness for Rainy Days
- Lesson 2 – Keeping Greed in Check
- Lesson 3 – Maintaining Focus

Unit 56 – Forward Thoughts

- Lesson 1 – Right Thinking & Health
- Lesson 2 – Your Future (Family)
- Lesson 3 – Preparing for “Lift Off”

CHILDREN’S EDITION: A study designed primarily for children from about the age of 4-5 up through the 5th grade with some aspects more attractive to those younger while others appeal to those who are older.

Unit 1b – My God & I

- Lesson 1 – Who Am I that God Is Concerned About Me?
- Lesson 2 – I Am of Great Value
- Lesson 3 – What Will I Do with Jesus?

Unit 2b – My Head, My Heart & Others

- Lesson 1 – Why Did I Do That?
- Lesson 2 – My Attitude
- Lesson 3 – How My Family Influences Me
- Lesson 4 – Self, Us and Others

Unit 3b – Emotions & Temper

- Lesson 1 – Why Do I Feel this Way?
- Lesson 2 – Understanding Anger
- Lesson 3 – Handling Anger

Unit 4b – The Powerful Mind

- Lesson 1 – As a Person Thinks . . .
- Lesson 2 – I Think I Can, Therefore I Can
- Lesson 3 – Making Decisions

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Buck Griffith,
President